

# CARNIVORE

## *Restaurant Menu*

WHERE SIMPLICITY MEETS INDULGENCE  
A CELEBRATION OF PURITY AND PLEASURE.

### BUTTERED SALMON ELEGANCE

Succulent Atlantic salmon pan-seared in grass-fed butter, finished with a drizzle of fresh cream.

520 kcal | Protein: 38g | Fat: 40g

### CREAMY PRAWN INDULGENCE

Wild-caught prawns sautéed in butter and enveloped in a light cottage cheese and cream emulsion.

420 kcal | Protein: 45g | Fat: 25g

### CRISPY CHICKEN THIGH HARMONY

Golden chicken thighs roasted in tallow and butter, paired with a creamy cottage cheese garnish.

540 kcal | Protein: 45g | Fat: 38g

### BEEF & EGG SUPREME

Juicy grass-fed beef patties crowned with soft-boiled eggs and a hint of melted butter.

560 kcal | Protein: 42g | Fat: 43g

### SALMON CREAM REDUCTION

Pan-fried salmon fillet glazed with warm cream and a touch of sea salt — pure, silky indulgence.

520 kcal | Protein: 38g | Fat: 40g

MARA  
THE HOUSE OF CONSCIOUS LIVING





## TALLOW-INFUSED BEEF STRIPS

Tender beef strips slow-cooked in tallow, finished with a delicate cream swirl for richness.

520 kcal | Protein: 42g | Fat: 38g

## COTTAGE CHEESE OMELETTE DELIGHT

A fluffy omelette enriched with cottage cheese and cream, folded in golden grass-fed butter.

470 kcal | Protein: 33g | Fat: 36g

## BUTTER PRAWN & EGG DUO

Sautéed prawns meet soft poached eggs in a velvety butter sauce — smooth, savory perfection.

470 kcal | Protein: 46g | Fat: 30g

## CREAMED CHICKEN ESSENCE

Grilled chicken breast bathed in a butter-cream sauce, tender and full of natural flavor.

510 kcal | Protein: 48g | Fat: 35g

## THE HEARTY BEEF BOWL

Minced beef simmered in butter, topped with soft eggs — the essence of carnivore comfort.

540 kcal | Protein: 45g | Fat: 40g